



Tips & Tricks

Laboratory Resume Tips

Before sending in your resume be sure to include:

1. If you have experienced working in a lab, it is a good idea to include any work you have done with project management, LEAN, quality management and process improvements.
2. Proficiency in computer programs.
3. Any experience in a medical setting.
4. College history and earned degrees.
5. Relevant certifications, even if they're pending.
6. Major instrument systems and the Laboratory Information Systems you've worked with.
7. Departments you've worked in. (i.e. Chemistry – Abbott Architects)
8. An explanation for any breaks in service.

Laboratory Interview Tips

1. Talk about your experiences and projects.
2. Explain how you'll fit into the OSF Mission and Culture.
3. Mention any customer service experience, attention to detail, and your ability to multi-task.
4. Demonstrate, through examples, your critical thinking skills, positive attitude, and history of good teamwork.